

Where Do We Put Our Trust?

Who, What, Are We Following These Days?

&

Who Do We Need to Be Following, Instead?

In What We See, Hear, and Feel?



Trust not too
much to
appearances.

Virgil

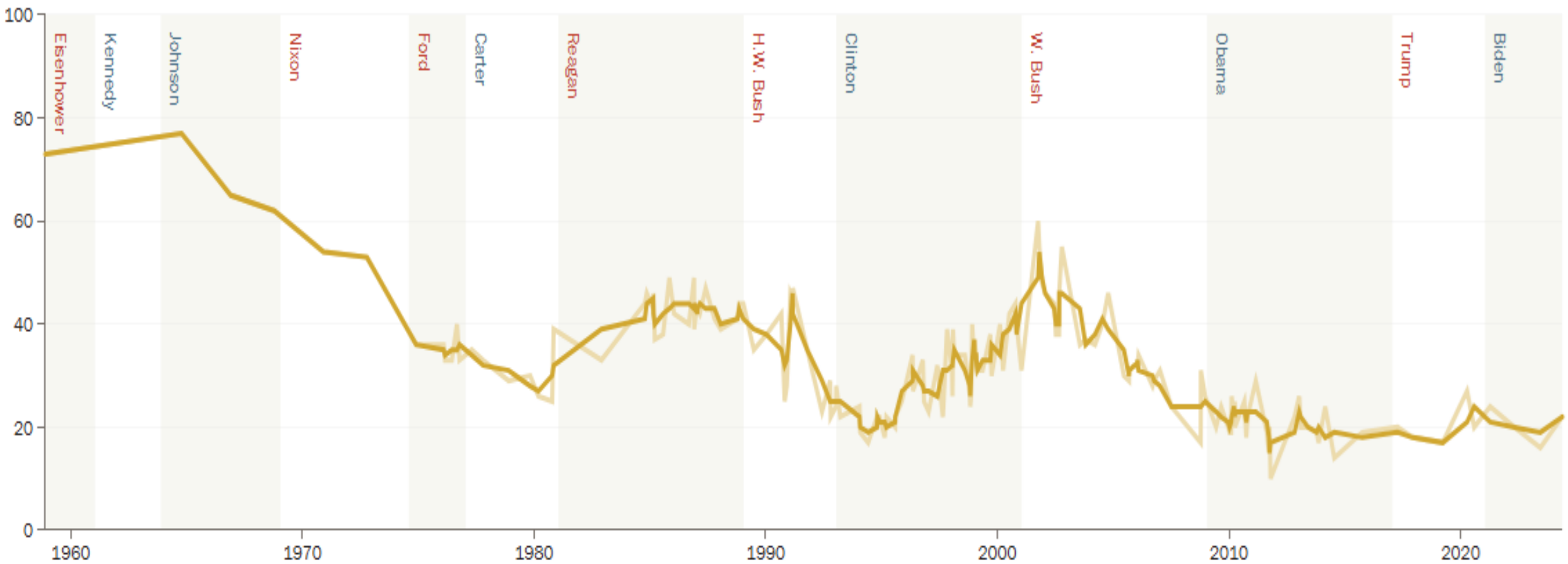
In Our Own Thoughts?

We are dying from overthinking. We are slowly killing ourselves by thinking about everything. Think. Think. Think...

You can never trust the human mind anyway. It's a death trap.

[Anthony Hopkins](#)

In our “public servants”?



In Particular Media Outlets?



The Media Bias Chart ®

Version 8.0 September 2021 Edition – Combined Web, Podcast, and TV

ad fontes media

Most Extreme

Hyper-Partisan Left

Skews Left

Middle

Skews Right

Hyper-Partisan Right

Most Extreme

Fact Reporting

Mostly Analysis OR Mix of Fact Reporting and Analysis

Analysis OR High Variation in Reliability

Opinion OR High Variation in Reliability

Selective, Incomplete, Unfair Persuasion, Propaganda, or Other Issues

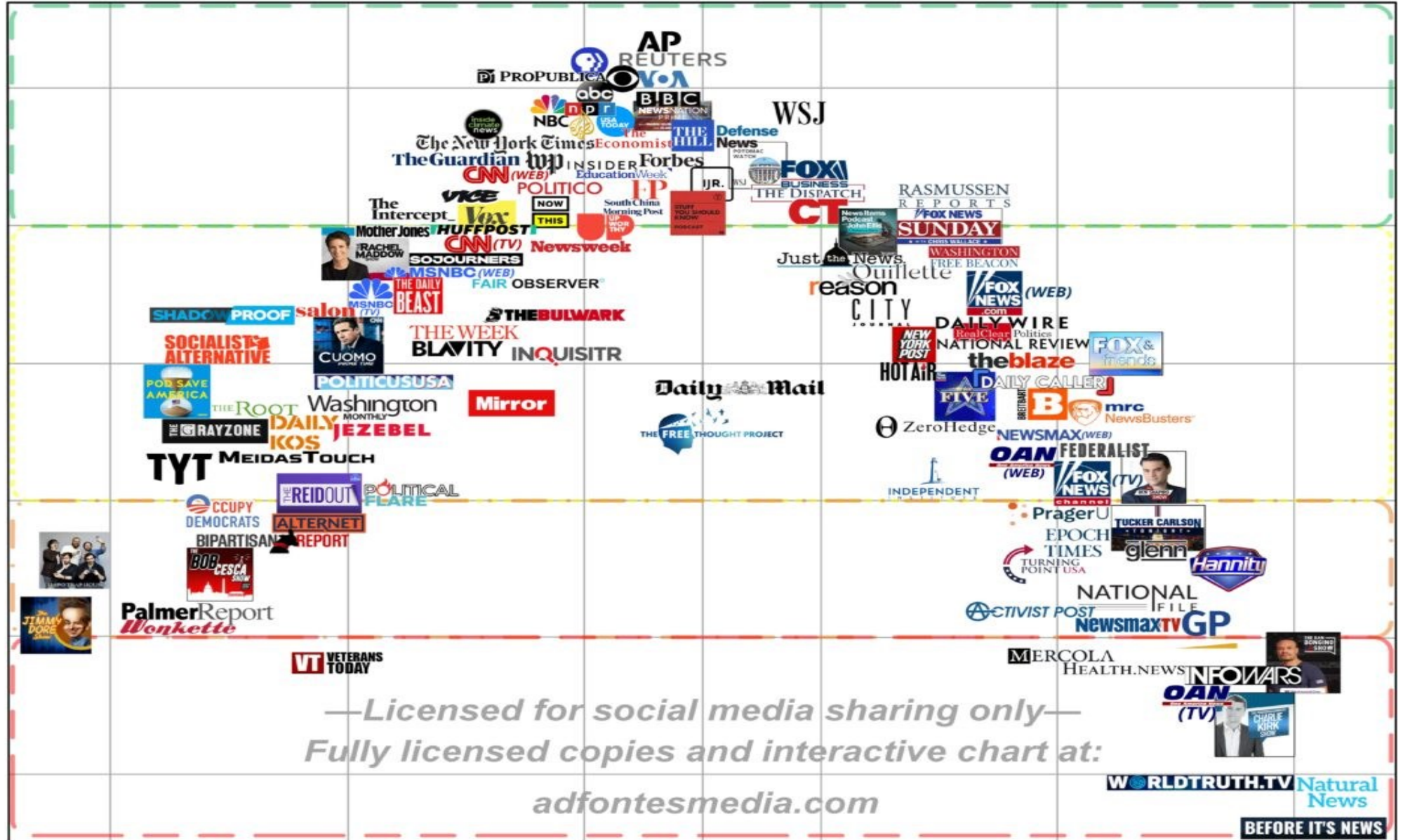
Contains Misleading Info

Contains Inaccurate/ Fabricated Info

MORE

News Value and Reliability

LESS



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Fully licensed copies and interactive chart at:

adfontesmedia.com

LEFT


Bias

RIGHT

In a Political Party?

By PolitiFact's tally,...
Between 2016 to 2021,
Republicans lied 55 percent of the time,
Democrats 31 percent of the time...

Is it even safe to trust?

A landscape photograph showing a field of tall, golden-brown grass in the foreground. A wooden post is stuck in the ground, and a barbed wire fence runs across the middle ground. In the background, there are rolling hills under a cloudy, overcast sky. The text is overlaid in the center of the image.

**A man who trusts
nobody is apt to be
the kind of man
nobody trusts.**

Harold MacMillan

Is there **SOMEONE** to trust?

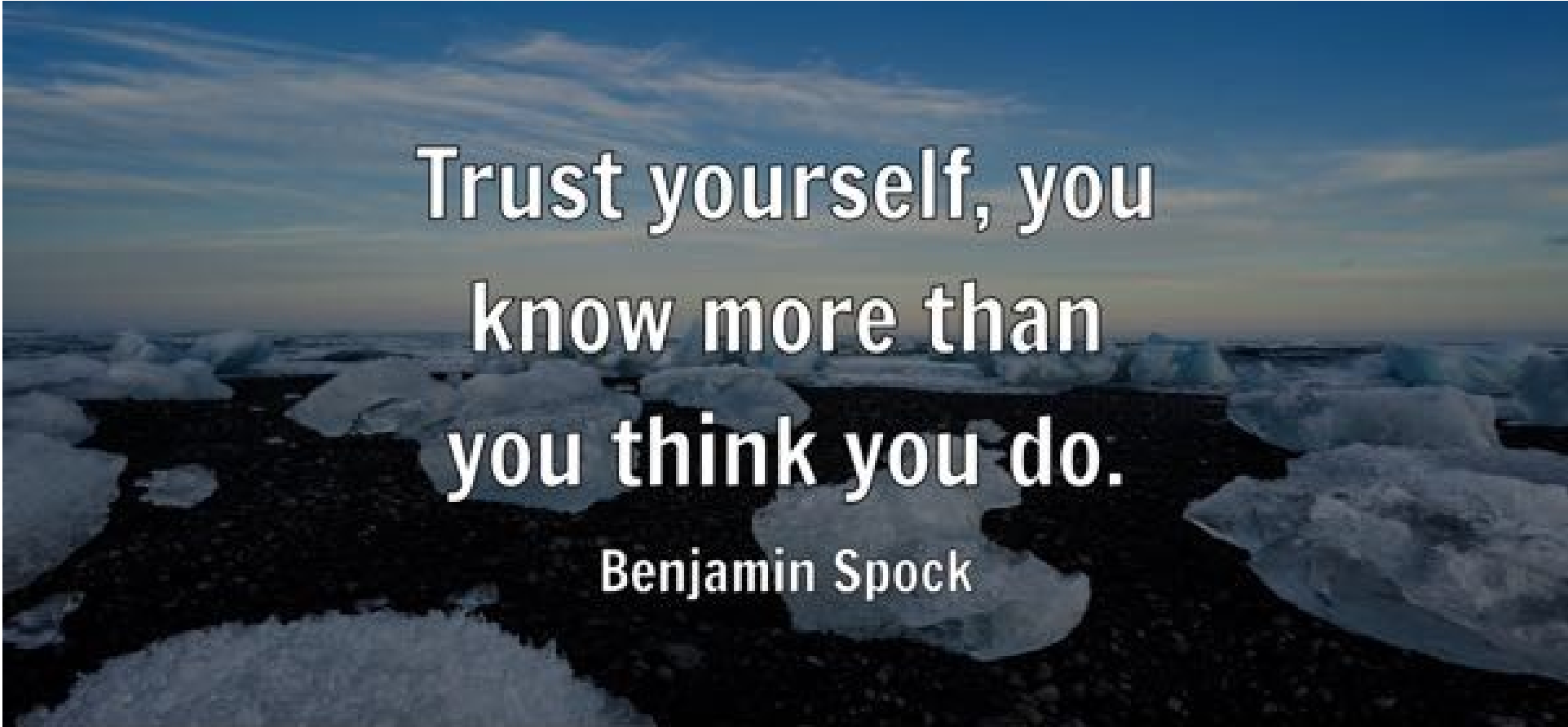
You can't connect the dots looking forward;
you can only connect them looking
backwards.

So you have to trust that the dots will
somehow connect in your future.

You have to trust in something - your gut,
destiny, life, karma, whatever.

This approach has never let me down, and
it has made all the difference in my life.

Steve Jobs




Trust yourself, you
know more than
you think you do.

Benjamin Spock



Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement.

Golda Meir

A landscape photograph with a large roll of black fabric in the foreground on the left. The background shows a grassy field, a tree, and hills under a cloudy sky. The quote is overlaid in white text with a black outline.

**As soon as you
trust yourself, you
will know how to
live.**

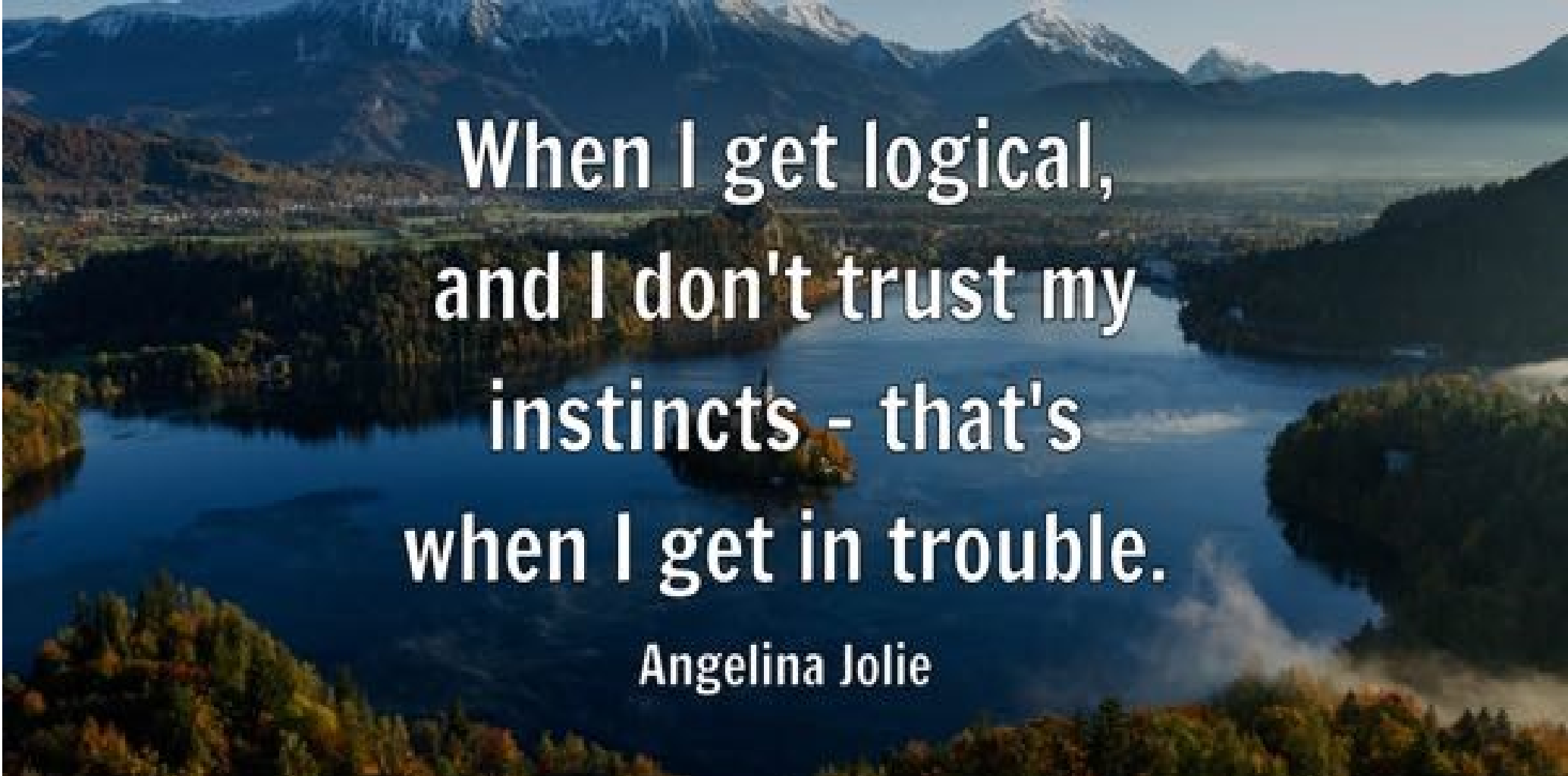
Johann Wolfgang von Goethe

What of our “self” can we trust?



**Trusting our
intuition often
saves us from
disaster.**

Anne Wilson Schaef

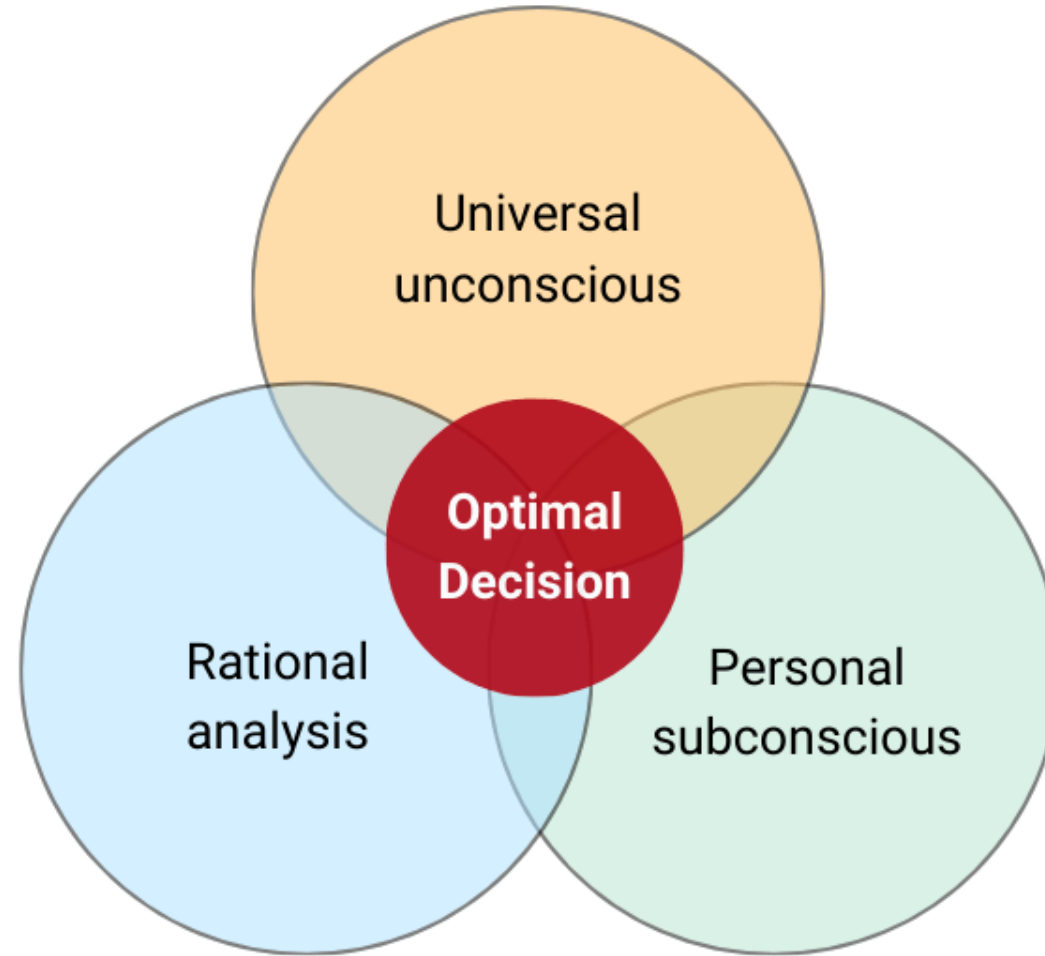


When I get logical,
and I don't trust my
instincts - that's
when I get in trouble.

Angelina Jolie

How Does That Work?

INTUITIVE DECISION-MAKING MODEL



The more you trust
your intuition, the more
empowered you become,
the stronger you become,
and the happier you become.

Gisele Bündchen

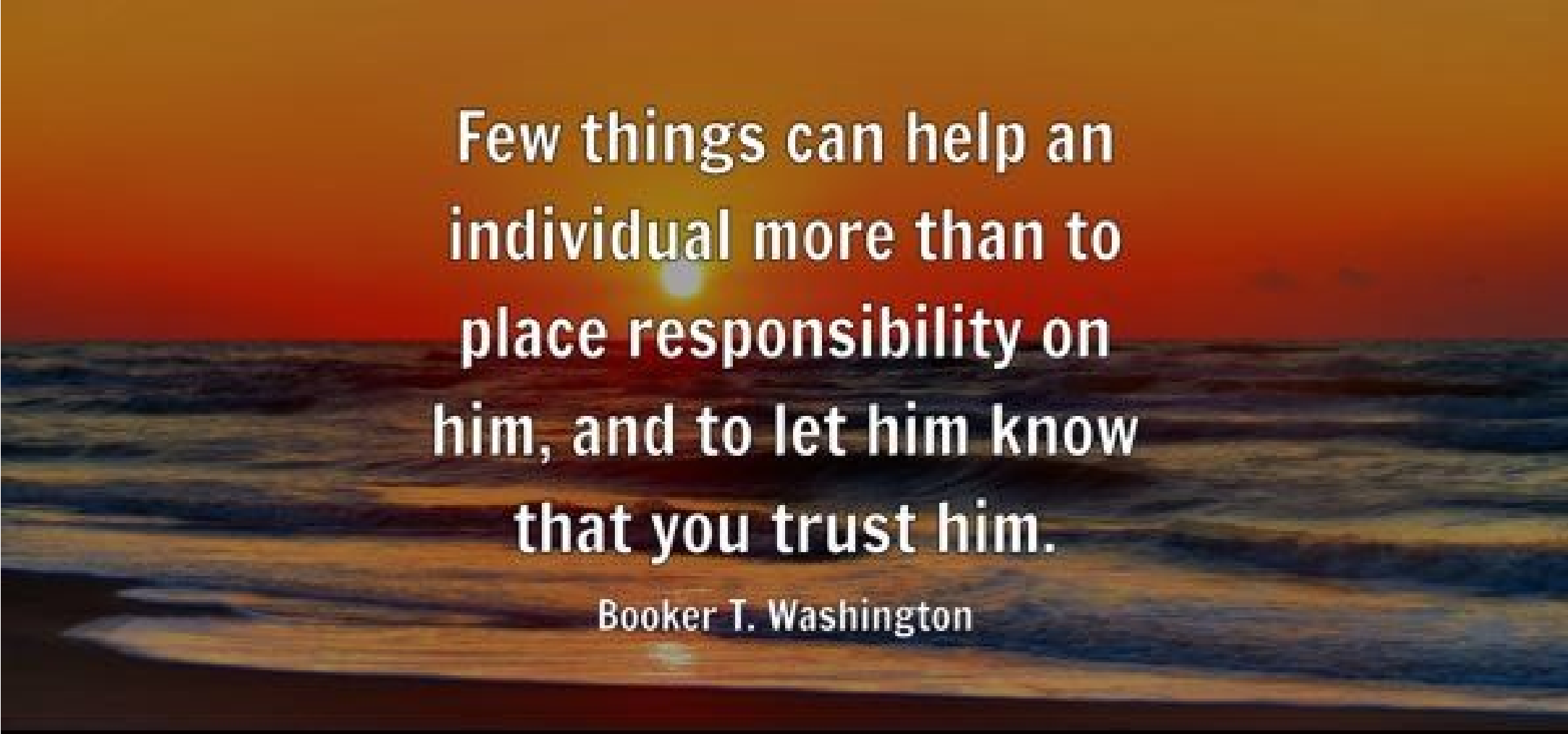
Trusting Our Intuition is
Trusting Our Soul
to Work With the Universe
to Create Our Experience

A person is sitting on a wooden dock, silhouetted against a sunset. The sun is low on the horizon, reflecting on the water. The sky is filled with soft, golden light and scattered clouds. The overall mood is contemplative and serene.

Life isn't about finding yourself. Life is about creating yourself.

George Bernard Shaw

At the same time...



Few things can help an individual more than to place responsibility on him, and to let him know that you trust him.

Booker T. Washington

For it is mutual trust, even more than mutual interest that holds human associations together.

Our friends seldom profit us but they make us feel safe.

[H. L. Mencken](#)

We encourage ourselves
and each other
when we trust the people
we choose to have in our lives...
Creating a life that is worth sharing

Where Do We Put Our Trust, today?

In Our Own Inner Knowing

&

In Those People We Choose To Be In Community With